

MITIGATION OF INPATIENT STANDARD CLASS RISK AT HOSPITAL X

Sophie Aileen¹, Sutopo Patria Jati², Cahya Tri Purnami³

^{1,2,3} Magister Kesehatan Masyarakat, Universitas Diponegoro, Semarang, Indonesia
Email: drsophieaileen@gmail.com, cahyatp68@gmail.com,
sutopopatriajati@gmail.com

ABSTRACT

Background: The Standard Inpatient Class Policy (KRIS) in Indonesia aims to provide equitable healthcare services, ensuring the same standards in inpatient wards across all hospitals in Indonesia. This policy has been issued since 2021 and is mandatory for all hospitals to implement by December 2024. The implementation of the KRIS policy impacts hospitals, necessitating analysis and mitigation of risks arising from its implementation. This study aims to provide an overview of the analysis and mitigation of risks in the standard inpatient class implemented by Hospital X. Method: Qualitative research using Focus Group Discussions (FGDs) in November 2023 involving 7 key informants, including Hospital Directors and Department Heads, regarding the mitigation of risks in the standard inpatient class using risk analysis matrices. Results: There are two criteria for the standard inpatient class that pose a very high level of risk, namely the building components lacking high porosity and the density of ward spaces and bed spacing. Conclusion: Hospital X implements risk mitigation by taking actions to reduce the impact of risks through room improvement based on related room reports, risk reduction mitigation by planning inpatient building renovations, and risk acceptance mitigation by allowing ward areas to be 9.8 square meters per bed.

KEYWORDS BPJS Kesehatan, Mitigation, Risk, Policy, Indonesian



This work is licensed under a Creative Commons Attribution-ShareAlike 4.0 International

INTRODUCTION

The National Social Security System (SJSN) in Indonesia operates on the principles of social insurance and equity, which entail mutual assistance and equality (Law of the Republic of Indonesia No.40 of 2004 concerning the National Social Security System, 2004). Mutual assistance is realized by mandating insurance payments for those who can afford it and assisting those who are less capable, while equity/equality means receiving medical services according to medical needs

How to cite: Aileen, S et al. (2024). Mitigation Of Inpatient Standard Class Risk At Hospital X. *Journal Eduvest*. 4 (5): 3928-3937
E-ISSN: 2775-3727
Published by: <https://greenpublisher.id/>

regardless of the premiums paid (Lubis, 2018; Septiono, 2023). The public legal entity responsible for organizing national health insurance for all Indonesian citizens is the Health Insurance Administration Agency (BPJS Kesehatan) (Law of the Republic of Indonesia No.40 of 2004 concerning the National Social Security System, 2004; Government Regulation of the Republic of Indonesia Number 47 of 2021 concerning the Implementation of the Hospital Sector, 2021; Decree of the Director General of Health Services Number HK.02.02/I/1811/2022 concerning Technical Guidelines for the Readiness of Hospital Infrastructure Facilities in the Application of Inpatient Classes of National Health Insurance Standards, 2022).

One of the government's strategies to achieve equity principles is by issuing the Standard Inpatient Class (KRIS) policy, as stipulated in Government Regulation No. 47 of 2021 regarding the Implementation of the Hospital Sector. Technical guidelines for facility readiness were also established through Director General of Health Services Decree No. HK.02.02/I/1811/2022. The government hopes that the KRIS policy can standardize hospital facilities across Indonesia (Decree of the Director General of Health Services Number HK.02.02/I/1811/2022 concerning Technical Guidelines for the Readiness of Hospital Infrastructure Facilities in the Application of Inpatient Classes of National Health Insurance Standards, 2022). However, this policy still faces challenges in achieving its goals (Banerjee et al., 2021; Septiono, 2023).

There are twelve criteria for the standard inpatient class outlined in Director General of Health Services Decree No. HK.02.02/I/1811/2022, including: building components lacking high porosity; minimum room air ventilation of 6x per hour and isolation 12x per hour; room lighting of 250 lux; complete bed facilities including power sockets, nurse call buttons, and other necessities; bedside lockers for each bed; room temperature of 20-26 degrees Celsius with air humidity less than or equal to 60%; ward divisions based on gender, age, disease, and combined ward space; ward spacing with a 1.5-meter edge-to-bed distance, maximum of four beds in an inpatient ward; minimum bed size of 200cm x 90cm x 50-80cm, and a minimum of 2 bed positions; curtains or partitions between beds spaced 30cm from the floor with a minimum curtain length of 200cm and non-porous curtain material; bathrooms within inpatient wards; bathrooms compliant with accessibility standards, and oxygen outlets for each bed (Decree of the Director General of Health Services Number HK.02.02/I/1811/2022 concerning Technical Guidelines for the Readiness of Hospital Infrastructure Facilities in the Application of Inpatient Classes of National Health Insurance Standards, 2022).

The Standard Inpatient Class policy regulates the proportion of the number of beds in standard inpatient services to be at least 60% of all government-owned beds, and 40% of all privately owned beds. The minimum number of intensive care beds is 10% of all beds, and isolation rooms are 10% that can be multifunctional into KRIS space proportions. Implementation must be completed by January 1, 2023. (Government Regulation of the Republic of Indonesia Number 47 of 2021 concerning the Implementation of the Hospital Sector, 2021). The implementation of the standard inpatient class is mandatory for hospitals serving BPJS Health patients and is subject to evaluation for the extension of cooperation between Health Service Facilities and BPJS Health.

The KRIS trial was conducted by the government in 2022-2023. The first stage of the trial was conducted in four hospitals, and the second stage was conducted in ten hospitals (Indonesia, 2023). The Ministry of Health of the Republic of Indonesia, in its presentation of the Implementation of KRIS JKN (National Health Insurance) held on May 10-12, 2023, stated that the trial results showed that KRIS JKN did not affect the decrease in public satisfaction and hospital revenue. The trial results also showed that reducing bed capacity had no significant impact on BOR (Bed Occupancy Rate) and hospital service access (Indonesia, 2023). Based on these findings, the government is increasingly determined to implement KRIS JKN in all hospitals cooperating with JKN, with a maximum timeframe until December 2024, so that by 2025 all hospitals in Indonesia have complied with KRIS JKN. (Indonesia, 2023; Government Regulation of the Republic of Indonesia Number 47 of 2021 concerning the Implementation of the Hospital Sector, 2021).

However, this comes as a surprise to hospitals as healthcare providers involved because they are obliged to comply with these regulations in a short period. To meet these regulations, hospitals need to make changes. (ASHMR, 2020; Wijaya et al., 2022). In every change, there are risks associated with implementation, so all stakeholders in the implementation of the Standard Inpatient Class need to prepare and identify risks and risk mitigation. (Cagliano et al., 2011; Radiansyah et al., 2023; Susilo et al., 2018). This research aims to provide an analysis and risk mitigation overview of the standard inpatient class implemented by Hospital X to serve as information for other hospitals facing the standard inpatient class.

RESEARCH METHOD

Risk Management Theory

Risk is the effect of uncertainty on something, whether directly or impacting a target, either positively or negatively, or both. Risks can arise throughout an organization, including within hospitals (British Standards Institution., 2018; Ramli, 2011; Susilo et al., 2018). Risk management needs to be carried out continuously by implementing risk management. Risk management is a coordinated activity to direct and control risk management within an organization. A structured approach is needed to manage uncertainties that may arise. (British Standards Institution., 2018) An organization needs to have a risk management framework aimed at integrating risk management processes into all activities and functions of the hospital. According to ISO 31000:2018, the risk management framework focuses on leadership and commitment, which includes integrity, design/planning, implementation, evaluation, and continuous improvement. (British Standards Institution., 2018)

Risk analysis in this study uses a 5x5 matrix analysis matrix according to the Decision of the Minister of Finance of the Republic of Indonesia Number 577/KMK.01/2019 Regarding Risk Management in the Environment of the Ministry of Finance. The criteria for probability use the likelihood of non-low-tolerance events occurring in one analysis period and impact criteria based on financial burden. (Anak Agung Diah Parami Dewi, I Dewa Ketut Sudarsana, 2023; Manajemen Risiko Di Lingkungan Kementerian Keuangan, 2019).

Table 1. Risk Analysis Matrix Based on Risk Management in the Environment of the Ministry of Finance

Risk Analysis Matrix 5x5			Impact				
			1	2	3	4	5
			Insignificant (<Rp1juta)	Minor (Rp1juta– Rp10juta)	Moderate (Rp10juta – Rp100juta)	Significant (Rp100juta– Rp1M)	Very Sig- nificant (>Rp1M)
Possibility Level	5	Almost Certainly Happens (>12x in 1 year)	7	12	17	22	25
	4	Frequent (10-12x in 1 year)	4	9	14	19	24
	3	Sometimes Happens (6- 9x in 1 year)	3	8	13	18	23
	2	Rare (2-5x in 1 year)	2	6	11	16	21
	1	Almost Not Happening (<2x in 1 year)	1	5	10	15	20

Table 2. Risk Mapping Based on Risk Management within the Ministry of Finance

Level	Level Risk	Amount of Risk	Colour
5	Very High	20-25	Red
4	High	16-19	Orange
3	Moderate	12-15	Yellow
2	Low	6-11	Green
1	Very Low	1-5	Blue

Risk Mitigation Theory

Risk mitigation should be implemented in cases with medium, high, and very high risk levels, while for very low and low risk levels, risk acceptance can be done. (Manajemen Risiko Di Lingkungan Kementerian Keuangan, 2019; Radiansyah et al., 2023)

Risk mitigation can be carried out in various ways, including: (Manajemen Risiko Di Lingkungan Kementerian Keuangan, 2019)

1. Reducing the likelihood of risk occurrence: mitigating actions against the causes of risk to reduce the likelihood of risk occurrence.

2. Reducing the impact of risk: actions cannot be taken against the causes of risk, so treatment is given to minimize the impact.
3. Sharing risk: transferring part or all of the risk to another party.
4. Avoiding risk: risk mitigation by not engaging in or even discontinuing activities that cause risk to arise.
5. Accepting risk: taking no action against the risk.

Methodology

The study was conducted at a class B private hospital that has been established since 1969, serving 84% of inpatients with BPJS Health financing. A qualitative study with Focus Group Discussions (FGD) was conducted in November 2023 with the Director of the Hospital and Department Heads, totaling 7 informants, regarding the mitigation of standard inpatient class risks using risk analysis matrices. Triangulation was done through direct observation and interviews with other structural personnel related to the implementation of standard inpatient classes.

Table 3. Characteristics of Informants

Speaker	Position	Education
N1	Chief Executive Officer	Master of Health
N2	Director of Medical Nursing	Master of Public Health
N3	Director of General Resources	Medical Doctor Profession
N4	Director of Finance	Bachelor of Economics
N5	Medical Field	Medical Doctor Profession
N6	Nursing Field	Master of Public Health
N7	Head of Facilities	Bachelor of Civil Engineering

RESULT AND DISCUSSION

Through the results of the FGD (Focus Group Discussion), it was found that the risk level of implementing inpatient class policies at Hospital X is very high. Policy changes necessitate adjustments by the hospital as a partner of BPJS Health. The UHC (Universal Health Coverage) rate in the area of Hospital X exceeds 95%, so the majority of patients at Hospital X use BPJS Health funding, requiring the hospital to implement standard inpatient class policies. The risk analysis and mitigation results from the FGD are shown in the table below.

Table 4. Risk Analysis Matrix and Risk Mitigation for Standard Inpatient Class Policy.

No	Standard Inpatient Class Policy	Arising Risk	Analysis			Risk Mitigation from FGD
			Likelihood	Impact	Risk Level Column	
1	Building Components	Old building so that the overall building material has not met	5	5	25	Gradual renovation of rooms and

		the standard of non-porous There is mold on the ceiling and ceiling of the hospital that cannot be removed permanently				buildings (N1, N3, N7) Gradual improvement according to reporting from the relevant room (N3, N7)
2	Air Ventilation	The circulation of air-conditioned rooms is not capable of 6x / hour	5	4	22	Exhaust installation to achieve indoor air circulation (N3, N4)
3	Room Lighting	250 lux lamp during activities / activities and 50 lux lamp for sleep	1	1	1	Maintain appropriate lamp usage (N7)
4	Bed Completeness	Each bed has two power outlets and one nurse's bell that connects to the nurse's office	1	5	20	Maintaining bed completeness (N7)
5	Lockkey nightstand	Nightstand is available but not locked because the lock is often removed by the patient/family	5	3	17	Wearing a keyless nightstand at the risk of tightening security (N3, N5, N6)
6	Temperature and Humidity	The temperature is reached with the air conditioner but there are patients who are cold so they turn off the air conditioner. The use of 24-hour air conditioning in a closed room causes ventilation 6x / hour is not fulfilled	5	4	22	Provision of blankets for patients in need (N1, N3, N6) Use air conditioning and install an exhaust fan. (N3, N4, N7)
7	Inpatient Room Division	Simple classification of the division of inpatient rooms	1	1	1	Maintain the division of inpatient rooms (N2, N5, N6)
8	Room Density and Bed Distance There	There is an inpatient room with six beds	5	5	25	Reduction of bed capacity of each room by a

	are inpatient rooms with	Bed area does not meet 10 square meters per bed				maximum of 4 beds (N1, N2, N3) Maintain the current space with an area of 9.8 square meters per bed (N1, N3, N6, N7)
9	Curtains	Curtains non-porous material difficult to wash The curtain material is not porous so that the curtain is torn and the rails come off	5	3	17	Wearing anti-bacterial (still porous) fabrics (N3, N6) Wearing anti-bacterial fabric (still porous) Rail repair and tearing curtain replacement (N3, N6, N7)
10	In-room Bathrooms	Each inpatient room has an en-suite bathroom	1	5	20	Bathroom renovation according to standards (N3, N7)
11	Bathroom Accessibility	Accessibility standards in individual toilets	1	5	20	Install a nurse's bell, toilet seat, and rail in each bathroom (N1, N3, N7)
12	Oxygen Outlets	Each bed has an oxygen outlet and is complete with equipment	1	5	20	Make outlets according to the criteria and maintain oxygen outlets and manufacture of central oxygen channels on all beds that will be made in the future (N1, N3, N7)

Through the research findings, it was found that there are two criteria with a risk level of 25 (highest), namely the fulfillment of building component criteria and inpatient room density. Follow-up risk mitigation actions need to be carried out for each potential risk that arises, but during the FGD, information was obtained about the hospital's plans and designs to mitigate standard inpatient class

comprehensively. The risk mitigation measures differ for each risk factor depending on risk management in Hospital X.

Regarding the criterion of buildings not having high porosity, the informants agreed to reduce the risk impact by improving the mold-infested areas according to the relevant department's report. The hospital plans to mitigate by reducing the likelihood of risk by renovating the old building, but this is costly and potentially reduces hospital revenue due to the reduction in treatment space during the renovation process, so this step is included in the strategic planning but has not been implemented yet.

In terms of inpatient room density with the requirement within the treatment room of a distance of 1.5 meters from each bed edge, with a maximum of four beds in an inpatient room, reducing the number of beds to a maximum of four beds per treatment room potentially reduces hospital revenue. Therefore, the hospital is renovating additional treatment rooms to replace the lost beds due to the implementation of standard inpatient classes at Hospital X. Some inpatient rooms are slightly smaller than the standard 10 square meters per bed, with actual measurements in the field only 9.8 square meters per bed. Currently, the hospital chooses to accept the risk and take no action against this potential risk. The hospital decides that if it becomes a finding in the evaluation by BPJS Health in the future, the hospital is willing to reduce the number of beds to match the area at that time.

The potential reduction in hospital revenue occurs at Hospital X. These research findings do not align with the government's trials stating that the implementation of KRIS JKN does not affect hospital revenue. (Indonesia, 2023) This risk has also been reported in previous studies (Afni & Bachtiar, 2021; Arisa et al., 2023; Hardwiko Defityanto, Samino, Lolita Sary, 2022; Qurnaini Mz et al., 2023) In other studies, it has indeed been stated that building changes and renovations will pose financial and time risks. (Anak Agung Diah Parami Dewi, I Dewa Ketut Sudarsana, 2023; Septiono, 2023)

CONCLUSION

There are two standard inpatient class criteria that pose a very high risk level, namely building components do not have high porosity and the density of inpatient rooms and the distance between beds. RS X carries out risk mitigation by taking action to reduce the impact of risk in the form of improvements according to related room reporting, risk mitigation risk reduction by planning inpatient building renovations, and risk mitigation of accepting risks by allowing the condition of the treatment room which covers an area of 9.8 square meters per bed.

REFERENCES

- Afni, D., & Bachtiar, A. (2021). Analisis Kesiapan Implementasi Kelas Rawat Inap Standar: Studi Kasus di RS Wilayah Kabupaten Tangerang (PP NO 47 Tahun 2021). *Syntax Literate: Jurnal Ilmiah Indonesia*, 7(5), 6634–6654.
- Anak Agung Diah Parami Dewi, I Dewa Ketut Sudarsana, P. Y. J. (2023). Manajemen Risiko Pada Pembangunan Pengembangan Rumah Sakit Umum

- Tabanan Yang Sedang Beroperasi (Studi Kasus Pada Pembangunan Gedung Nicu – Ponok BRSU Tabanan Bali) Anak. *Jurnal Teknik Sipil Terapan*, 5(1), 41–53.
- Arisa, A., Purwanti, S., & Diaty, R. (2023). Kesiapan RSUD Dr. H. Moch Anshari Shaleh Banjarmasin menghadapi regulasi KRIS. *Jurnal Kesehatan Qamarul Huda*, 11(1), 264–270. <https://doi.org/10.37824/jkqh.v11i1.2023.451>
- ASHMR. (2020). Health Care Enterprise Risk Management Playbook, An ERM Guide fro Health Care Professionals. In D. Whiting Shope (Ed.), *Enterprise Risk Management* (2nd ed., pp. 20–29). The American Society For Health Care Risk Management.
- Banerjee, A., Finkelstein, A., Hanna, R., Olken, B. A., Ornaghi, A., & Sumarto, S. (2021). The challenges of universal health insurance in developing countries: Experimental evidence from indonesia’s national health insurance. *American Economic Review*, 111(9), 3035–3063. <https://doi.org/10.1257/aer.20200523>
- British Standards Institution. (2018). *Risk management - guidelines*. (T. B. S. Institution (Ed.); 2nd ed.). BSI Standards Limited 2018.
- Cagliano, A. C., Grimaldi, S., & Rafele, C. (2011). A systemic methodology for risk management in healthcare sector. *Safety Science*, 49(5), 695–708. <https://doi.org/10.1016/j.ssci.2011.01.006>
- Hardwiko Defityanto, Samino, Lolita Sary, R. (2022). Analisis Kesiapan Rumah Sakit Pertamina Bintang Amin (RSPBA) Bandar Lampung dalam Mempersiapkan Kamar Rawat Inap Standar (Peraturan Pemerintah no. 47 tahun 2021). *Jurnal Pendidikan Dan Konseling*, 4(6), 1575–1581.
- Undang-Undang Republik Indonesia No.40 Tahun 2004 Tentang Sistem Jaminan Sosial Nasional, Pub. L. No. Undang-Undang Nomor 40 Tahun 2004, Indonesia 1 (2004).
- Manajemen Risiko Di Lingkungan Kementerian Keuangan, Pub. L. No. KMK Nomor 577/KMK.01/2019, Menteri Keuangan (2019).
- Peraturan Pemerintah Republik Indonesia Nomor 47 Tahun 2021 Tentang Penyelenggaraan Bidang Perumahsakitan, Pub. L. No. Nomor 47 Tahun 2021, 1 (2021).
- Keputusan Direktur Jenderal Pelayanan Kesehatan Nomor HK.02.02/I/1811/2022 Tentang Petunjuk Teknis Kesiapan Sarana Prasarana Rumah Sakit Dalam Penerapan Kelas Rawat Inap Standar Jaminan Kesehatan Nasional, Pub. L. No. HK.02.02/I/1811/2022, Kementrian Kesehatan 1 (2022).
- Indonesia, R. (2023). *Implementasi Kelas Rawat Inap Standar Jaminan Kesehatan Nasional (KRIS JKN)*.
- Lubis, A. N. (2018). Corporate social responsibility in health sector: A case study in the government hospitals in Medan, Indonesia. *Business: Theory and Practice*, 19, 25–36. <https://doi.org/10.3846/btp.2018.04>
- Qurnaini Mz, M., Pane, M., Hutajulu, J., Ester Sitorus, M. J., & Ginting, D. (2023). Analisis Kesiapan Rumah Sakit Bhayangkara Tk II Medan Terhadap Pelaksanaan Kelas Rawat Inap (KRIS). *Jurnal Kesehatan Tambusai*, 4(2), 1893–1911.
- Radiansyah, A., Baroroh, N., Fatmah, Hulu, D., Syamil, A., Siswanto, A., Violin, V., Purnomo, I., & Nugroho.F. (2023). *Manajemen Risiko Perusahaan (Teori*

- & *Studi Kasus*) (Efitra & Sepriano (Eds.); 1st ed.). PT Sonpedia Publishing Indonesia.
- Ramli, S. (2011). *Manajemen Risiko Dalam Perspektif K3 OHS Risk Management* (H. Djajaningrat & R. Praptono (Eds.); 2nd ed.). PT. Dian Rakyat.
- Septiono, W. (2023). Equity challenges in Indonesian health care. *The Lancet Global Health*, *11*(5), e646–e647.
[https://doi.org/https://doi.org/10.1016/S2214-109X\(23\)00110-9](https://doi.org/https://doi.org/10.1016/S2214-109X(23)00110-9)
- Susilo, J., Leo, & Susilo, K. (2018). *Manajemen Risiko Berbasis ISO 31000: 2018 Panduan untuk Risk Leader dan Risk Practitioner*. PTGrasindo.
- Wijaya, L. I., Zunairoh, Z., Rianawati, A., Prasetyo, V. R., & Harianto, I. (2022). Does Financial Technology Matter? Evidence from the Indonesia Healthcare Industry during the Covid-19 Pandemic. *Scientific Papers of the University of Pardubice, Series D: Faculty of Economics and Administration*, *30*(1).
<https://doi.org/10.46585/sp30011509>